## Dear parents

Much like riding a bike, public speaking is a skill that is best learned through practice. And what happens when we enjoy doing something that we do? We do it more often! And while some kids love the spotlight and relish being called up to the front of the class to read or present a report, others get absolutely panic-stricken and overwhelmed. And the only way to overcome this fear is to face it. And if we start them off early and make the whole exercise fun, we will have kids who will grow up to be confident speakers, at home in front of their friends, teachers or just anyone!

To take a step in this direction we are starting with the assembly as a platform for kids to come up on the stage and speak up in front of their class mates. The children can speak on just about anything-their favourite toys, cartoons, person, what makes them happy, an interesting bit of news, their visit to someplace, the interesting food they had.....just about anything at all! The aim is to encourage the child not to memorise but speak from the heart...it just has to be in English! The teachers will let you know a week in advance and you can help your child prepare for his/her turn. Each child will get a chance to come up on the stage for this activity. We will start with Nirmaan for speaking in the assembly while the other classes will do the activity in DEAR Time.

Regards Neetu Singh Head of Aadhar 6<sup>th</sup> March, 2017